


Sushi  IOI

The Promenade

5355 Ballantyne Commons Pkwy
Suite #500
Charlotte, NC 28277
(704) 844-0001

**Parktowne Village
on Woodlawn**

1730-F E. Woodlawn Rd.
Charlotte, NC 28209
(704) 672-0990

APPETIZERS

- Calamari - *Cajun seasoned flour, fried crispy, served with aioli sauce* 8.95
- Shrimp Tempura (6 pcs) 7.95
- Cajun Egg Roll (2 pcs) - *Blackened chicken, roasted corn, peppers & mixed cheeses, served with wasabi mayo* 7.95
- Gyoza (8 pcs) - *Steamed or fried pastry stuffed with vegetables & pork, served with ponzu sauce* 7.95
- Edamame - *Steamed soybeans, one of the ancient "five sacred grains"* 5.95
- Tofu Tempura - *Drizzled with a spicy ponzu sauce* 7.95
- Vegetable Tempura - *Onions, peppers, carrots & zucchini, mixed together & tempura fried* 7.95
- Basil Roll (2 pcs) - *Fresh summer rolls with shrimp, served with peanut sauce* 6.95
- Spring Rolls (6 pcs) - *Fried pastry stuffed with shrimp & vegetables* 7.95
- Cajun Shrimp 101 - *Sauteed with Cajun seasonings & lime sauce, served with chef salsa. Spicy!* 11.95
- *Spicy Tuna or Salmon Tataki - *Chili seasoned, lightly seared & thinly sliced, served with a garlic ponzu dipping sauce* 11.95
- *Ahi Poki - *Hawaiian marinated tuna sashimi* 11.95
- Lettuce Wrap - *Sauteed chicken & bamboo shoots served on a bed of lettuce* 8.95
- Japanese Poppers (7 pcs) - *Sweet hot peppers stuffed with crab & cream cheese* 7.95

SALADS

- Mixed Green Salad - *Served with ginger dressing* 5.95
- Wakame Salad - *Seaweed salad* 5.95
- Cucumber Salad - *Cucumber & crab, served with soy sesame vinaigrette dressing* 5.95
- Squid Salad 6.95
- Squid/Wakame Combo 7.95

SOUP

- Miso-Soybean based broth with tofu & scallions 2.95

SIDES

- Rice 2.95
- Veggies - *Served steamed or sautéed* 5.95
- Noodles (no veggies) 5.95

***NOTICE:** Items are served raw or undercooked or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food borne illness, especially if you have certain medical conditions.

BEFORE ORDERING, please inform your server of any food allergies or dietary restrictions. We cannot guarantee any item is completely devoid of potential allergens, gluten or animal products.

SPECIALTY ROLLS

ALL ROLLS TOPPED WITH SESAME SEEDS

- *Crispy Maki 101 - Tuna or Salmon rolled in nori & lightly fried, topped with mayo & chili sauce 11.95**
- Spider Roll - Fried soft shell crab with cucumber & carrots, rolled with masago 10.95**
- *Rainbow Roll - Crab & avocado roll topped with tuna, salmon, yellowtail & masago 11.95**
- Dancing Eel Roll - Crab & avocado roll topped with eel & eel sauce 11.95**
- *Dragon Roll - Crab & avocado roll topped with tuna, salmon, avocado & eel sauce 11.95**
- Queen Roll - Chopped hamachi, salmon, tuna & scallions wrapped in nori, cooked all the way, topped with aioli & rolled with masago 9.95**
- *Mt. Fuji Roll - Tuna & salmon wrapped in nori, tempura fried & rolled with masago. Served with hot lava sauce 10.95**
- *Kami Kaze Roll - Spicy radish sprouts, cucumber & crab roll, topped with tuna 11.95**
- *Canadian Maki - Crab & avocado roll topped with salmon & black caviar 10.95**
- *The Big Kahuna Maki - (3 pcs) Tuna, salmon, snapper, shrimp & crab lightly breaded & fried. Topped with masago, tobiko & spicy aioli 10.95**
- *Caterpillar Maki - Grilled eel & cucumber roll topped with salmon & avocado 10.95**
- Super Crunch Roll - Shrimp tempura, cucumber, avocado and mayo rolled with masago 9.95**
- *Crispy Bagel - Smoked Salmon, avocado & cream cheese roll lightly battered & fried, topped with aioli 9.95**
- *Rising Sun Maki - Tuna, crab & shrimp rolled with tobiko, topped with Japanese mayo & scallions 11.95**
- Lobster Maki - Lobster tempura & cucumber, rolled with tobiko 16.95**
- *Tokyo Rose - Shrimp & crab salad mixed w/ aioli and wrapped with tuna. Garnished with tobiko 11.95**
- *Passion Roll - Mango & crab roll topped with tuna & salmon 10.95**
- Yellow Submarine - Eel & shrimp tempura roll topped with mango & eel sauce 11.95**
- *Panther Roll - Snapper tempura roll topped with salmon & eel sauce 10.95**
- *Voodoo Roll - Crab salad & cucumber roll topped with tuna tataki 11.95**
- *Ballantyne Roll - Shrimp tempura, smoked salmon skin, tempura crunches topped with tuna 11.95**
- *Professor Vu Roll - Shrimp tempura & cream cheese roll topped w/ avocado, tuna, crab salad & scallions 12.95**
- Ninja Roll - Crab & avocado roll topped with white fish, then baked with tobiko, masago, aioli & finished with a sweet sauce 11.95**
- *Sir Justin's Roll - Snow crab salad & tempura crunches roll lightly battered & fried, topped with ahi poki, wasabi mayo & wasabi tobiko 12.95**
- Lava Roll - Crab & avocado roll, topped with chopped fried soft shell crab mixed with lava sauce 10.95**
- *Panhandle - Tuna, aioli, & tempura crunches, topped with avocado, yellowtail & sriracha 11.95**
- Surf & Turf Roll - Grilled beef & shrimp tempura, topped with avocado, scallions & a sweet & spicy aioli 11.95**
- *Jasmine Roll - Shrimp tempura, tuna & avocado wrapped in soy paper, topped with wasabi mayo, aioli & unagi sauce then lightly baked 11.95**
- *Dynamite Roll - Crab salad, cream cheese & jalapenos. Fried & topped w/ seared salmon & wasabi mayo 11.95**
- *Firecracker - Tuna & Hamachi on the inside, lightly fried & topped with Kimchi sauce 11.95**
- *Bamboo Roll - Tuna, salmon, crab & shrimp wrapped with slices of fresh cucumber, topped with ginger vinaigrette dressing 11.95**

***NOTICE: Items are served raw or undercooked or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food borne illness, especially if you have certain medical conditions.**

BEFORE ORDERING, please inform your server of any food allergies or dietary restrictions. We cannot guarantee any item is completely devoid of potential allergens, gluten or animal products.

NIGIRI - ALA CARTE \$2

*Hamachi (*yellowtail*)
*Tobiko (*flying fish roe*)
*Hotate Gai (*scallop*)
*Sake Kunsei (*smoked salmon*)
*Half Moon (2 pcs.) 5.95
*Ikura (*salmon roe*)
Kani (*snow crab salad*)
Iidako (*baby octopus*)
Unagi (*grilled eel*)

*Amaebi (*sweet shrimp*)
*Maguro (*tuna*)
*Saba (*mackerel*)
Inari (*fried tofu*)
*Sake (*salmon*)

*Toro (*fatty tuna*) *
*Uni (*sea urchin*) *

*Market Price and Seasonal

Ebi (*shrimp*)
*Masago (*smelt roe*)
Kanikama (*crab*)
*Ika (*squid*)
Tamago (*egg omelet*)
*Tai (*Japanese snapper*)
Tako (*octopus*)
*Hokki Gai (*surf clam*)

MAKIMONO ROLLS

AVOCADO ROLL 4.95
KAPPA MAKI - *Cucumber roll* 4.95
GARDEN ROLL - *Avocado, asparagus,
cucumbers, carrots & tempura crunches* 7.95
ASPARAGUS MAKI 5.95
TEMPURA SWEET POTATO MAKI 5.95
TEMPURA VEGGIE MAKI 6.96
CALIFORNIA ROLL - *Crab & avocado* 5.95
CRISPY CALIFORNIA ROLL - *with aioli* 6.95
KANI MAKI - *Snow crab salad* 7.95
*PHILLY ROLL - *Smoked salmon, cream cheese &
cucumber* 7.95

*SPICY HAMACHI MAKI 7.95
ROCK-N-ROLL - *Grilled eel & avocado* 6.95
*TEKKA MAKI - *Tuna roll* 6.95
TUNA & AVOCADO ROLL (*or with salmon*) 6.95
*SPICY TUNA OR SALMON ROLL - *Fresh tuna
topped with aioli* 6.95
*SPICY TUNA DELUXE 8.95
SOUTH PARK MAKI - *Shrimp, crab salad &
cucumber* 7.95
SPICY KATSU CHICKEN MAKI 7.95
SHRIMP TEMPURA ROLL - *Fried shrimp* 6.95
SHRIMP w/ CUCUMBER ROLL 6.95

MORIAWASE - COMBINATION

*Sushi Combo - (2 pcs each) *Tuna, salmon, yellowtail, shrimp, & a California roll with masago* 16.95
*S&S 101 Combo - *Sashimi - (3 pcs each) Tuna, yellowtail & salmon
Nigiri - (2 pcs each) Tuna, yellowtail, salmon, shrimp & Rainbow roll* 35.95
*Assorted Sashimi 101 (18 pcs) *Chef's choice of our freshest sushi (served sashimi style for the
sushi expert* 34.95

NO SUBSTITUTIONS ON COMBO'S

**NOTICE: Items are served raw or undercooked or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food borne illness, especially if you have certain medical conditions.*

BEFORE ORDERING, please inform your server of any food allergies or dietary restrictions. We cannot guarantee any item is completely devoid of potential allergens, gluten or animal products.

\$4 YAKITORI \$4

CHOOSE YOUR STYLE

1. KATSU FRIED - Panko – light Japanese bread crumbs
2. CRISPY TEMPURA - Lightly battered & fried
3. GRILLED - Topped with teriyaki sauce

Bacon & Scallops (Grilled)
Chicken
Tofu
Kanikama
Snapper
Shrimp

Broccoli
Squid
*Beef
*Salmon
Tuna

Button Mushroom
Sweet Potatoes
Sweet Yellow Onion
Eggplant
Zucchini

JAPANESE DINNERS

(add \$2 for egg fried rice)

- *Beef, Chicken or Pork Teriyaki - Served with steamed rice & vegetables 15.95
Shrimp, Tilapia or *Salmon Teriyaki - Served with steamed rice & vegetables 18.95
Tempura Dinner 101 - Shrimp, tilapia, crab, sweet potatoes & broccoli 15.95
*Salmon or Tilapia - "Hong Kong" style, served with steamed rice & vegetables 18.95
Basil Duck - Crispy duck breast with red curry sauce, vegetables & pineapple 16.95
Basil Shrimp - Crispy shrimp served with red curry sauce, vegetables & pineapple 16.95

FRIED RICE

(with onions, carrots, zucchini and red cabbage)

Vegetable 8.95 Chicken 9.95 Shrimp or Beef 10.95

NOODLE BOWL 101

3 STYLES (all styles served with mixed vegetables)

1. Yaki Style - Traditional Japanese stir-fry with your choice of noodle & topping
2. Any Style - Noodle with broth, scallions & your choice of topping
3. Don Style - Your choice of topping over steamed rice

Glass Noodles - Potato & corn noodles

Ramen - Thin spaghetti style wheat noodles

Somen - Extra thin wheat noodles

Udon - Thick wheat floured noodles

Soba - Buckwheat floured noodles

Tofu - Grilled or katsu fried 10.95

Portabello Mushrooms or Veggies - Steamed, sautéed
or tempura batter-fried 10.95

Chicken - Grilled or katsu fried 11.95

*Beef - Thin sliced beef grilled or sautéed 12.95

Shrimp - Grilled or tempura batter-fried 12.95

*Salmon or Fresh Fish of the Day - Grilled, steamed,
or blackened 16.95

**NOTICE: Items are served raw or undercooked or contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for food borne illness, especially if you have certain medical conditions.*

BEFORE ORDERING, please inform your server of any food allergies or dietary restrictions. We cannot guarantee any item is completely devoid of potential allergens, gluten or animal products.

EAT...DRINK...CELEBRATE LIFE AT SUSHI 101

18% Gratuity may be applied to parties over 6 persons